



How can I manage my common infection?

Your body can usually fight off many common infections on it's own. There are things you can do to help treat most infections before going to the GP.



Cough



Common cold



Urinary



Sore throat



Ear or eye infection



Skin infection

To access patient leaflets with advice on common infections, scan the QR or visit:

www.RCGP.org.uk/TARGET-patient-leaflets